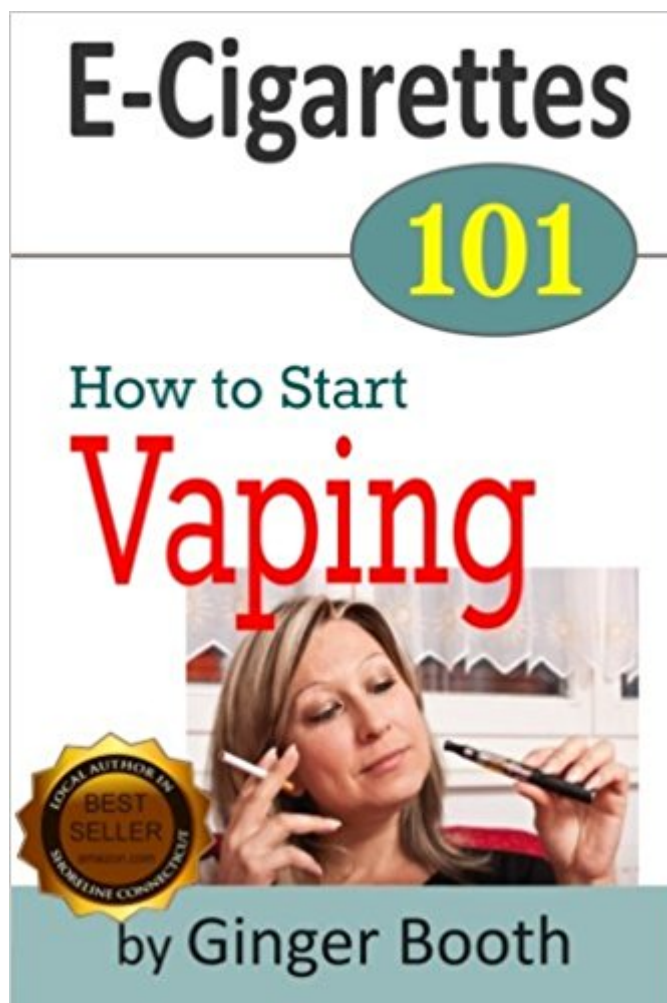


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# E-Cigarettes 101: How To Start Vaping (Volume 1)



## Synopsis

What If You Could Smoke in Peace? What if you could smoke in peace? Without censure, without concern for your health, wherever you wanted? Without the smell of smoke clinging to your clothes, home, and car? Just relax and enjoy it, while your lungs cleared and your circulation improved, and you felt great? What if you could save over 80% of the money you spend on cigarettes - what could you do with that money? Millions feel they've already achieved this, with e-cigarettes. With the right e-cigarette, and the right nicotine e-liquid, they enjoy the sensual relief of smoking, minus the penalties. They enjoy vaping - inhaling nicotine vapor from an e-cigarette - even more than cigarettes. Better taste and smell, better control, lower costs, feel great - what's not to like? Well, the learning curve is a problem. E-cigarettes were only invented in 2003. They've improved rapidly. But like any new technology, e-cigs haven't finished shaking out yet. The number of vendors, e-cigarette designs, and e-liquid options are bewildering. Do you need to understand all this to try e-cigs? No. You don't. E-Cigarettes 101: How to Start Vaping is the missing manual. It explains: How one excellent family of e-cigarettes works. How to select a nicotine e-liquid that works for you. A shopping list for a great start. How to quit smoking with e-cigarettes - if you want to. Sprinkled throughout are stories of other smokers' experiences with taking up vaping. Stories include a founder of one of the top e-cigarette companies in the UK, and a leading US YouTube e-cigarette reviewer. Three appendices provide: A Glossary of e-cigarette terms. Offers and Deals from e-cigarette vendors. Internet links for more information. This book respects you as a smoker. No nagging, no lectures. Your reasons are your own for considering e-cigarettes. This book explains how to do it successfully. Illustrated. Note the e-book has color pictures. The trade paperback has black and white pictures to keep costs down. If you think e-cigarettes might be a way out for you or someone you care about - you're right. Please scroll up and try the book today.

## Book Information

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## Customer Reviews

"Great way to learn about e-cigarettes. If you're a smoker now, you're going to love Chapter 4 - Do You Want To Quit Smoking?" - reviewer Kat

Ginger Booth is a mathematician turned graphics programmer with a career in environmental science and engineering. She's been smoking for 40 years and vaping for 5. A lifelong writer, her first popular-audience book was Indoor Salad: How to Grow Vegetables Indoors. She has a condo in shoreline Connecticut, with crops spilling out the balconies and down the driveway. Reach her at [ecigs101book.com](http://ecigs101book.com).

Finally a practical guide aimed at newbies looking to go beyond the little e-cigarettes found at the local gas station! This book explains the basic operation of new generation e-cigs without the overwhelming technical jargon found on most websites and forums. The book also includes helpful advice for anyone wanting to switch from cigarettes to e-cigs. I highly recommend this book to anyone wanting to explore the satisfaction of non-tobacco based vaping.

Should have read sooner. If you want to quit smoking, read this book. I have purchased the next book already and can't wait to start in on it.

Very informative and helpful for smoker who just can't quit smoking. At least we now have an alternative that is definitely safer than smoking.

A nice, concise guide for beginners. This will simplify the somewhat daunting task of beginning to vape. Very helpful and honest.

Very interesting book, gives a lot of good information especially to a person who has little experience in Vaping. Would recommend it to a newbie to the hobby.

This is such a timely book! I am not a smoker, but I had developed an interest in Vaping because I

thought it was a portable alternative to hookahs. (I don't smoke hookah either) but I learned that this is not the case and that is fine. On a more significant level, however, E-Cigarettes 101 How to Start Vaping is a timely addition to the growing debate and issues that are developing with regards to government workers and employment and health care; and how smokers are treated in public. Just this week the news addressed how smokers are being treated unfairly in state Government in that if you smoke, the government agencies have the right to not hire you or charge you different premiums for health care; some are calling this another kind of human rights violation in that smokers are being treated less fairly in these matters. E-Cigarettes 101 is a leisure and informative read but it has perhaps introduced itself as a significant contributor in recent debates. It lends itself to finding solutions for smokers who must deal with discrimination in the health care and employment sectors. It offers some very valuable information to help smokers to transition to vaping as a more healthful and socially acceptable alternative to cigarettes. -Anna V.

Quick and easy read to start you on your vaping journey.

Nothing to dislike, a good way to get some basic info, also gives you some links for you to go to to investigate further about vaping

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